# Family Financial Freedom:

What To Do If You Weren't Born Rich

### May 5, 2020

The FFF Newsletter is posted on the website on Tuesday afternoon/evening. You will receive an email reminder when the website has been updated.

Listed stocks qualify with the candidate criteria listed in the *Family Financial Freedom* book: equities priced over \$25, the CCI has recently been overbought or oversold and 2 EMA is close to crossing the 13 EMA. You, of course, can locate and trade options on the equities that are of interest to you, but for traders who do not have the time to locate stocks or if you want to add to those you have found, these can be added to a watch list.

Equities move at their own pace. It may be that some candidates will move quickly, will be slow, or will reverse all together. Add and delete these symbols to your watch list based on their price action. If you don't like a stock's pattern or the company, delete it. If you miss a price move, delete it. If you are considering a trade, continue to watch its price action until it confirms the pattern before entry.

Opening a trade on these trade candidates should be based on proper chart due diligence.

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## Bullish - Call Candidates: A, ABT, ALL, BBL, BDX, BMRN, CDNS, CI, CNC, DVA, ETN, FTNT, GDS, GRMN, IBM, LLY, PDD, SEE, SNY, TIF, TJX, WCN

Symbol	Company	Exchange	Sector	Industry
Α	Agilent Technologies	NYSE	Health Care	Medical
	Inc.			Equipment
ABT	Abbott Laboratories	NYSE	Health Care	Pharmaceuticals
ALL	Allstate Corp.	NYSE	Financial	Prop-Casualty
				Insurance
BBL	BHP Billiton plc	NYSE	Materials	General Mining
BDX	Becton Dickinson & Co.	NYSE	Materials	General Mining
BMRN	BioMarin	Nasdaq	Health Care	Biotechnology

	Pharmaceutical Inc.			
CDNS	Cadence Design	Nasdaq	Technology	Software
	Systems Inc.			
CI	Cigna Corp.	NYSE	Health Care	Health Care
				Providers
CNC	Centene Corp.	NYSE	Health Care	Health Care
				Providers
DVA	DaVita Inc.	NYSE	Health Care	Health Care
				Providers
ETN	Eaton Corp.	NYSE	Industrial	Diversified
				Industrials
FTNT	Fortinet Inc.	Nasdaq	Technology	Software
GDS	GDS Hldgs Ltd.	Nasdaq	Technology	Computer Svcs
GRMN	Garmin Ltd.	Nasdaq	Cons	Recreational
			Discretionary	Products
IBM	Intl Business Machines	NYSE	Technology	Computer Svcs
LLY	Eli Lilly & Co.	NYSE	Health Care	Pharmaceuticals
PDD	Pinduoduo Inc.	Nasdaq	Communication	Internet
			Svcs	
SEE	Sealed Air Corp.	NYSE	Materials	Containers &
				Packaging
SNY	Sony Corp.	NYSE	Technology	Electronic
				Equipment
TIF	Tiffany & Co.	NYSE	Cons	Specialty
			Discretionary	Retailers
TJX	TJX Cos. Inc.	NYSE	Cons	Apparel
			Discretionary	Retailers
WCN	Waste Connections Inc.	NYSE	Industrial	Waste &
				Disposal Svcs

Bearish - Put Candidates: ACC, AXP, BPOP, BWA, C, DELL, EXPE, FTV, GPC, HLF, IR, MMM, RCL, SYY, WBC

Symbol	Company	Exchange	Sector	Industry
ACC	American Campus Communities Inc.	NYSE	Real Estate	Residential REITs
AXP	American Express Co.	NYSE	Financial	Consumer Finance
BPOP	Popular Inc.	Nasdaq	Financial	Banks
BWA	BorgWarner Inc.	NYSE	Cons Discretionary	Auto Parts
С	Citigroup Inc.	NYSE	Financial	Banks
DELL	Dell Technologies Inc.	NYSE	Technology	Computer Hardware
EXPE	Expedia Inc.	Nasdaq	Cons Discretionary	Travel & Tourism
FTV	Fortive Corp.	NYSE	Industrial	Diversified Industrials
GPC	Genuine Parts Co.	NYSE	Cons Discretionary	Auto Parts
HLF	Herbalife Nutrition Ltd.	NYSE	Cons Staples	Food Products
IR	Ingersoll Rand Inc.	NYSE	Industrial	Industrial Machinery
MMM	3M Co.	NYSE	Industrial	Diversified Industrials
RCL	Royal Caribbean Cruises	NYSE	Cons Discretionary	Recreational Svcs
SYY	Sysco Corp.	NYSE	Cons Staples	Food Retailers
WBC	WABCO Hldgs Inc.	NYSE	Cons Discretionary	Auto Parts

### **Commentary:**

\*\*\*\*Commentary from 2/4\*\*\*\*

American Elec Pwr Co. Inc. (AEP) was on the January 7<sup>th</sup> newsletter.

Looking at the daily chart we can see that the CCI was oversold. The 2 EMA moved above the 13 EMA earlier that day, so we could start looking for a call trade to enter.

If you had bought AEP on January 7<sup>th</sup> you would have bought the May20 95 calls for 2.55.

AEP has followed the F3 pattern with the 2 EMA staying above the 13 EMA but you would still be this trade today.

At the end of day on 2/4 the AEP May20 95 calls were at 8.40 a profit of 229%



#### **Chatroom:**

Some FFF, P3, T3, PSS and SFWB traders visit a chatroom created to offer support and to answer questions. Not all traders trade the same strategies or patterns, but there is a sense of camaraderie and a willingness to lend a helping hand in indicator understanding. It is a great place to meet new friends who have an interest in

common. The chatroom can be found at http://chatroll-cloud-1.com/option-trading. It is free, sign up at chatroll, create a login name and password, then go to the option-trading room. The room is open 24/7, but traders usually hang out when they can during market hours 9:30-4:00 EST.

There is another scheduled chat at http://chatroll-cloud-1.com/option-trading on Saturday at 11:30 AM ET where traders meet to discuss various aspects of trading.

Per SEC regulations the required Disclaimer is supplied below. Please take a moment to become familiar with it:

NOTICE: Other than in testimonials and where identified as actual trading profits, the performance information in this email/newsletter is based on hypothetical or simulated trading. Hypothetical or simulated performance results have certain inherent limitations. Unlike an actual performance record, simulated results do not represent actual trading. Also, since the trades have not actually been executed, the results may have under-or-over compensated for the impact, if any, of certain market factors, such as lack of liquidity. Simulated trading programs in general are also subject to the fact that they are designed with the benefit of hindsight. No representation is being made that any account will or is likely to achieve profits or losses similar to those shown.

IMPORTANT NOTICE! Option trading involves substantial risk of loss. Past performance is no guarantee of future results. As with all speculation, it is up to the individual to determine his or her own financial stability.